

The assembly may be manually disengageable from one or more of the bearings to enable the bearings and/or carriage to slide with respect to the shaft. The middle bearing may be spring loaded with respect to the shaft whereby operation of the spring mechanism disengages the middle bearing from the shaft or manual disengagement may be caused by movement of a casing that carries one or more of the bearings in a direction transverse to the shaft, for example by means of a cam and lever.